



tb.  
Celina M Ferreira

CAROLINA AMARAIS

Actress

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# CAROLINA AMARAIS

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## TRAINING

**2026–...** – Escola Superior de Teatro e Cinema

**2024–2025** – Escuela Superior de Arte Dramático de Málaga – Textual Acting

**2023–Present** – Polytechnic Institute of Coimbra – BA in Theatre and Education

**2020–2023** – University of Coimbra – BA in Sports Science

**2021–2022** – TEUC – Theatre Training Course

**2025** – Training with Almudena León – *Interpretación Ante la Cámara* | ESAD, Málaga

**2024** – Training with Marco António Rodrigues – *Escrita Cénica: Direção e Interpretação* | Teatrão, Coimbra

**2023** – Training with Arturo Bernal, Madrid – *De la Máscara Neutra a los Cuatro Elementos de la Naturaleza y la Construcción de Personaje*

## PROFESSIONAL EXPERIENCE

**2025** – **Nos 30 Anos da Morte de Luís Miguel Nava** | Actress | Directed by Miguel Loureiro | Teatro São Luiz, Lisbon

**2025** – **Psycho Noia** | Theatre-dance adaptation of *A Midsummer Night's Dream* | Actress | Directed by Sara Camero | ESAD Final Project, Málaga

**2024** – **La Casa de Bernarda Alba** | Actress | Directed by Rafa García | ESAD Project, Málaga

**2024** – **Megastar – Porra é Isso Que Vai Ficar?** | Assistant Director | Directed by Marco António Rodrigues | ESEC Final Project

**2023** – **Ubu Roi** | Actress | Directed by Hugo Inácio | TEUC, Coimbra

**2023** – **Agora Damos a Segunda** | Actress | Directed by Agora Quer'arte | Campo Maior

**2022** – **Nix** | Dancer | Directed by CITAC | Coimbra

**2020** – **Gosto de Ti Como És** | Actress | Directed by Apress-Arte | Campo Maior

**2016** – **A Cópia** | Dancer | Directed by Apress-Arte | Campo Maior

## SKILLS

**Dance** – All styles

- Ballet – training 2005–2018
- Contemporary Dance – training 2009–2021
- Aerial Dance (silks)

**Languages** – Fluent Spanish

**Singing**

**Sports** – Skilled and experienced in a range of sports

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