



MARIA RODRIGUES
Actress

MARIA RODRIGUES

Actress

TRAINING

2023–2026 – **Escola Superior de Teatro e Cinema** | Acting

2019–2022 – **Escola Profissional de Teatro de Cascais**

ADDITIONAL TRAINING

Meisner Technique Training | Tiago Fernandes

Creative Writing Workshop | Cláudia Clemente

Body Expression Workshop | Miguel Sopas

Slam, Rap and Spoken Poetry Workshop | Sir Scratch

Voice, Diction and Projection Workshop | Carla Bolito

Communication and Marketing Techniques Workshop | Mónica Jardim

Acting for Film and TV Workshop | ACT – Escola de Actores | Nuno Madeira Rodrigues

THEATRE

2026 – **Esta Noite Improvisa-se** | Directed by Bruno Bravo

2026 – **Os Maias** | Co-directed by Celina M. Ferreira and Elisabete Pedreira

2025 – **Frei Luís de Sousa** | Directed by Adérito Lopes

2025 – **Os Lusíadas Como Nunca os Ouviu** | Teatro Nacional D. Maria II | Directed by António Fonseca

2023 – **VOZ – O Poder da Palavra** | Finalist in the Eloquence and Oratory Competition

2023 – **Youth Direction** | Biennial Culture and Education Programme

2022 – **Casimiro e Carolina** | Teatro Experimental de Cascais | Directed by Carlos Avilez

2022 – **A.Normal.Idade** | ConFusão | Directed by Ricardo Reis

2022 – **A Pequena Feiticeira e a Floresta de Fratino** | ArtinStage | Directed by José Fonseca

2021 – **Os Gigantes da Montanha** | Teatro Experimental de Cascais | Directed by Carlos Avilez

LANGUAGES

Portuguese – Native

English – Fluent

Spanish – Basic

French – Basic

SKILLS

Music: Guitar | Piano | Ukulele

Writing: Creative Writing | Poetry

Sports: Fencing | Swimming | Mountain Biking

Dance: Ballroom Dancing | Waltz | Polka | Charleston | Minuet | Rock & Roll | Tango | Can-Can

Driving Licence